



FREE BREASTFEEDING SUPPORT GROUP GRUPO de APOYO de LACTANCIA GRATUITO

babycafé



FORT WORTH

Mothers' Milk Bank of North Texas

7617 Benbrook Parkway, Fort Worth, Texas 76126
Every Tuesday from 10 a.m. to 12 p.m.

BABY CAFE EN ESPAÑOL:

Baby Café es organizado por una consultora de lactancia bilingüe el 2do y 4to martes de cada mes.

*La traducción al español siempre está disponible en nuestras sesiones de martes Baby Café

DALLAS

Abide Women's Health Services

2612 Martin Luther King Jr. Blvd., Dallas, Texas 75215
Check our website for date and time.

VIRTUAL

Email maggie@texasmilkbank.org

for secure link to join.

2nd and 4th Thursday of the month from 6 p.m. to 8 p.m.

Always check for schedule changes: www.texasmilkbank.org/events-resources/ and our **Facebook and Instagram page.**

Para padres, bebés, hermanos y partidarias de lactancia

- Habla con una consultora de lactancia certificada
- Conoce a otras familias con bebés que amamantan
- Pesa a tu bebé
- Disfruta bocadillos
- No es necesario registrarse para las sesiones en persona

For parents, babies, siblings and breastfeeding supporters

- Talk to a certified lactation consultant
- Meet other breastfeeding families
- Weigh your baby
- Enjoy refreshments
- No registration needed for in-person sessions

Hosted by:



Community Partners:



Questions/Preguntas: contact maggie@texasmilkbank.org or 817-810-0071

www.texasmilkbank.org