



Mothers' Milk Bank
— OF NORTH TEXAS —

The Bank Statement March 2016

600 W. Magnolia Ave.
Fort Worth, Texas 76104
817.810.0071
www.texasmilkbank.org

Growth Requires Lab Expansion & Renovation in 2016



Amy Vickers
Executive Director

Like the fragile babies we serve, Mothers' Milk Bank of North Texas is thriving. For us, growing pains are good and reflect the success of meeting the rising demand for safe, donor human milk.

Since opening in 2004, each year we have dispensed more milk than the year before. After processing more than half a million ounces in 2015, it was clear our lab needed additional space to accommodate projected needs in the future.

This month, we are in the final phases of completing a lab expansion project that will improve efficiency and greatly impact the volume of donor milk dispensed. Lab renovations have modified three areas within our current building and allocated space for an additional pasteurizer. The milk logging and packing rooms have already been relocated to enable the lab to occupy two rooms: one for milk thawing, homogenization and packaging; the second for sterilization and pasteurization. While construction is always challenging, we are thrilled to have the capacity to help thousands more medically needy babies have a fighting chance.



New pasteurization and sterilization room

Another Record Year by the Numbers



64,155 minivan
miles delivering &
picking up milk



778
APPROVED
DONORS



552,761
Ounces Dispensed!!!



Hospital NICUs





Mothers' Milk Bank
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Visit our Website

www.texasmilkbank.org

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Our Year in Photos



This balloon release at the Carmen's Tree memorial service in May honored babies whose bereaved mothers donated breastmilk to help other babies.



Christina Casares and family at the donor appreciation day at the Fort Worth Zoo.



Outreach Health Services staff in Greenville, Texas celebrate becoming a new depot collection site in July, one of 7 new depots in 2015.



The 4th Annual Family Expo and Big Latch On at Will Rogers Memorial Center in August.



Donor moms and neonatologists at the 11th Anniversary Luncheon at Ridglea Country Club in September. From left: Falisha Young, Darryl Miao, MD, Britt Bachmann, Erin Hamilton Spence, MD, Susan Sward-Comunelli, MD, and Janice Villarreal *photo courtesy Mike Miller

Connecting with Another Mom Creates Deeper Meaning for Donors

Tracy's family is no stranger to pumping. Her first child, Samuel, couldn't latch appropriately and had to receive breastmilk solely through pumping. Tracy found support, resources, and community along her journey through a Facebook group called Exclusive Pumping: Breastfeeding without Nursing.

When Tracy was pregnant with daughter Evelyn, she connected with MMBNT donor Joyce through this Facebook group. Joyce's son, Cooper, was stillborn, and Joyce's role as a donor helps save the lives of babies while honoring her son. Tracy felt inspired by Joyce and Cooper's story, and when Evelyn was born on Cooper's due date, they felt an even stronger connection.



Tracy's daughter, Evelyn, was born on Cooper's due date.
*photo courtesy Courtney Utley Photography

The meaning runs even deeper: Evelyn's birthday and Cooper's due date, October 15, is a worldwide day of recognition for infant loss and miscarriage.

"When Tracy posted how our story touched her, my journey as a grief donor went full circle," Joyce said.

Joyce is proud of the impact Cooper's tiny footprint is making. Her goal of donating for one year is in sight, having accomplished eight months of pumping so far. And whenever she gets the chance to shed light on being a grief donor, Joyce takes it.



Joyce's donor milk

"I can't begin to say how healing pumping for Cooper has been," Joyce said.

Today, Tracy is also a proud MMBNT donor. As a resident of Conway, Arkansas, she drops off her milk at one of our depots, Baptist Health Medical Center, in Little Rock. She credits her oversupply of breastmilk and ability to donate to her history of pumping.

"Without Samuel's latch issues, I don't know if I would have been able to produce enough to donate," Tracy said. "In hindsight I'm grateful."

An experienced pumper, Tracy has her freezer storage method down to a science. However, she knows that being flexible, forgiving, and loving is key to the breastfeeding experience. She also has her husband, John, to thank for his help in the process, from researching pumps to bagging the milk.

"To me, donating means life, it means healing and connecting with other women and their babies," Tracy said. "It provides me with an additional sense of purpose."

MOTHERS' MILK BANK OF NORTH TEXAS ENVISIONS A FUTURE WHERE ALL BABIES HAVE THE OPPORTUNITY TO RECEIVE HUMAN MILK

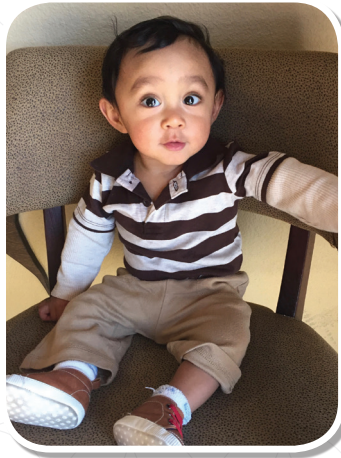
Who Got Milk - Some of Our Outpatient Babies



Reagan



Noah



Esgar

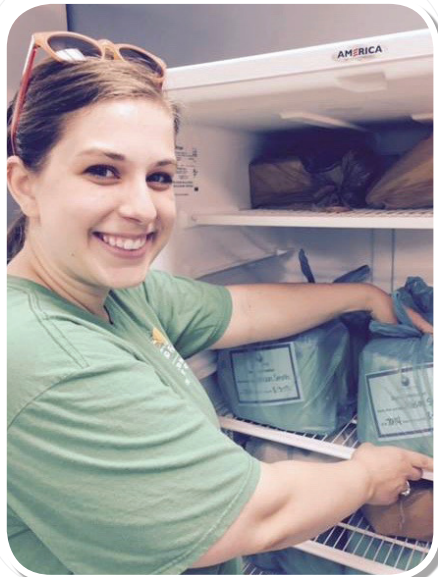


Bo

Who Gave Milk - Some of Our Donors



Kiauna, a repeat donor, with a full bag of donor milk.



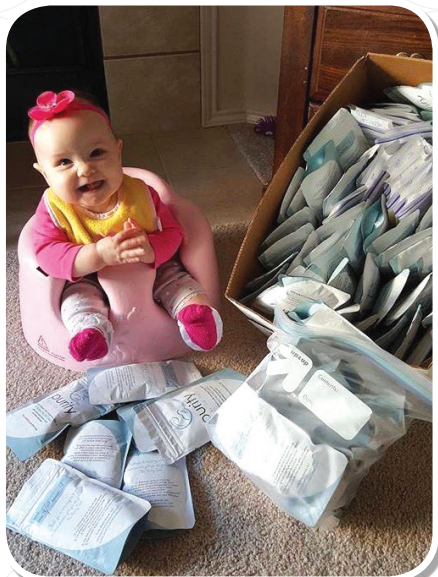
Allison dropping her donation at a depot site



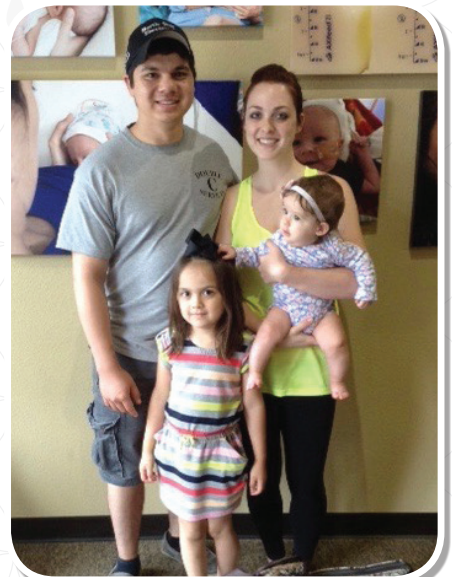
Ashley, her little helper, and bags and coolers of donor milk



Christina, her little one, and a cooler full of donor milk



Melinda's daughter and her first milk donation



Caitlynn and her family dropping off her milk donation

Donor Milk... A Prescription for Life



*Esgar was born weighing
1 pound, 8 ounces*



Sandra with Esgar in the NICU

Sandra heard over and over again that she would never be able to have children. When she learned that she was pregnant, she and her husband Jose felt they were receiving a great blessing. However, this happy moment in their lives took a scary turn when baby Esgar was born prematurely at 25 weeks.

Esgar entered the world with heart problems, blood clots, and low iron, to name a few of his complications, while weighing just one pound, eight ounces. With everything happening in the hospital, Sandra was unsure he would ever make it home.

Fortunately, Esgar grew stronger and got to go home with his parents. He continued to have special health needs, though, and Sandra's friend had the perfect idea.

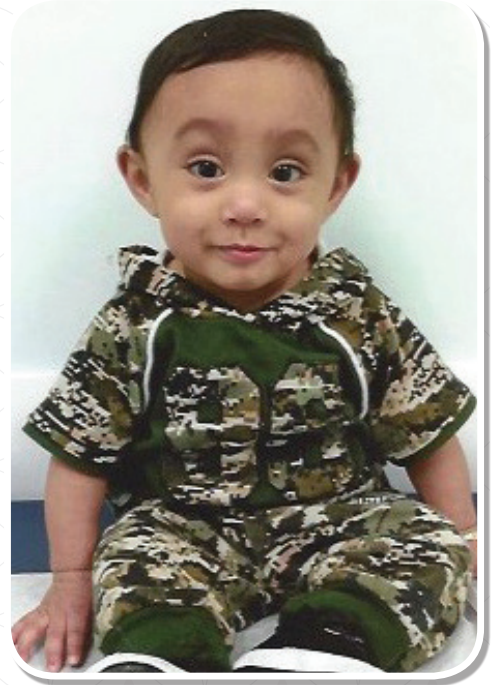
She directed Sandra to Mothers' Milk Bank of North Texas, where Sandra learned about

Esgar's option to become an outpatient recipient of donor human milk. Through this program, Esgar's prescription for donor milk would enable him to receive it at home.

Once Esgar became an outpatient recipient, his digestion improved and he began gaining weight. Now a year after his tiny beginnings, Sandra is confident that donor milk turned his life around.

"I hate to imagine the struggle we would have gone through if there weren't amazing mothers who donate milk. Thank you just isn't enough for saving my child's life," said Sandra.

Sandra, Jose, and Esgar are thrilled to be part of the MMBNT family. From milk pick-ups at the office to regular phone calls, the staff stays current with Esgar's progress and well-being, and Sandra loves catching up with everyone at MMBNT.



Esgar today



Esgar and his dog



Esgar and his Dad

"Growing evidence supports the role of donated human milk in assisting infants with special needs, such as infants in newborn intensive care units who are unable to receive their own mothers' milk, to achieve the best possible health outcome."

-U.S. Surgeon General

2015 Individual Donations

Victoria Adams	Jennifer Dempsey	Adam and Ami Jones	Ashley Robbins
Suzanne Akhtar	Kim Mezera and Todd Dewey	Amanda Junkel	Norman Robbins, III
Patricia Alridge	Kelley Dingman	Melody Kelly	Cecelia Rollins
Jennifer Anderson	Rosemary Domecki	Krinna Kennett	Lindsey Russey
Monica Balbo	Lisa Durham	Linda Kiraly	Emily Sabatka
Rosie Balbo	Coral and Christian Estrada	Peter Klimko	Peri Sherrod
Bate and Leyla Bate	Labhesh Ganatra	Laura Knipp	Richard Sidebottom, MD
Adrien Beggerly	Tina Goss	Leslie Leach	Chanda Simpson, MD
Johnell and Louis Begin	Linda Gower	Tina Lin	Gina Smith
Lindsay Black	The Grochowksi Family	Nancy and Bob Lohman	John Snyder
Scott Black	Tanette Fillmore	Jordan Massey	Kay Higgins and Keith Spalding
Judy Bona	Julie and Howard Gurecky	Jacque McCollum	Erin Hamilton Spence, MD
Diane Bonham	Toni Haddox	Shane McCullough	Hayley Spinks
Stacey Boyle	Kelly Hanes	Brian Meadors	Ginny Stafford
Kathy and Ben Brann	Shannon Hargrove	Jim Meier	Melvin and Brenda Starks
Chris Breece	Janie and Jim Harper	Darryl Miao	Shaina Starks
Christina Brinker	Nissa Harrington	Mary Miller	Dr. and Mrs. Michael Stevener
Anna Brissman	Lynn Hart	Brook Moore	Christi Stinson
Laura Burnett	Nikki Hatley	LeAnn and Jeff Nielsen	Susan Sward-Comunelli, MD
Lucretia Bush	Ashley Haver	Wendy Oestriecher	Jane Sykes
Mr. and Mrs. William Butler	Jennifer Henry	Melissa O'Neill	Michelle Torres
Terry Callahan	Elizabeth and Kris Hertel	Julie Ostransky	Amy and Eric Trotter
Amanda Cason	Vicki Hilburn	Kathy and Joel Parker	Amy and Keith Vickers
Arlen "Benny" Cenac	Charlotte Hogg	Sarah Pennebaker	Betty Vickers
Emily Cook	Nicole Horvath	Denise Persons	Maria Walters
Sarah Crotty	Meagan Huber	Angelic Poe	Anna Williams
Betty Crow	Carrie Ives	Carolina Puerto	Sabrina Williams
Meredeth Daigrepont	Tracy and Mark Jarvis	Selenne Ramirez	Ellen Williamson
Dara Dallas, MD	Elena Jeffus	Shanda Ranelle	Shannon Wingo
Madelyn Dean	Brooke Jeter	Stephanie Rasmussen	

2015 Corporate and Foundation Donations

Alberton's Community Partners	Intuit	Silicon Valley Community Fdn. - Dell Inc.
Amazon Smile Foundation	JPS Foundation	Shaw's Patio Bar & Grill
America's Charities	Kendra Scott Designs	Shinjuku Station
The Amy E. Shewbart Foundation	Kilpatrick Insurance Agency	Southwest Bank
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Baylor All Saints Medical Center of FW	Lili's Bistro on Magnolia	Stir Crazy Baked Goods
Benevity	Methodist Richardson Medical Center	Stork Vision
Bikrams Yoga College of India	My Tribute Gift Foundation	Tarrant County Breastfeeding Coalition
Chadra Mezza & Grill	The Nancy and John Snyder Fund of the Community Foundation of North Texas	Texas Health Harris Methodist Fort Worth
Chevron/Your Cause	Nelle & Lizzy	Tom Thumb Good Neighbor Program
Communities Foundation of North Texas	Network for Good	USAA
Comunelli Family Fund	Newborn Nightingales	The Usual
Cook Children's Medical Center	Orix Foundation	Wells Fargo Community Support
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The Fash Foundation	Pier 1 Imports	
Fidelity Charitable Trust	Roger Williams	
Fort Worth Museum of Science and History	Rotzler USA, Inc.	
The Frill Foundation	Safeway Inc.	
Hot Damn, Tamales!	Seven Arches Photography	
IBM Employee Charitable Campaign		

Donations in Honor of

Jack Elston & Eli Preston Robisheaux

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David Parker, Patty, Avery and Austin Bell

by Bettye and David Bell

Ramadan

by Amna Iftikhar

Sydney, Emery & Ansley

by Amy and David Johnson

NICU staff of Texas Health Fort Worth

by Becky Law

Ginger Leach

Amy Swiney

Suzanne Walling

Ellen Wedemeyer

by Leslie Leach

Etha Blewett

by Heidi Logsdon

Anna Fontaine

by Allison Low

Kathleen Gladden

by Lara Richburg-Rodriquez

Lana Mabile

by Laurie Steele

All Donor Moms

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Jeannette Whitney, MD

by Dr. and Mrs. David Turbeville

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by Telecom Pioneers

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Maria Chavez McLarty Miller

by Sharicka Brackens

Chris Breece

Kelley Dingman

Dave, Mary Kay, Matt and

Mary Hansen

Sheri and Boyd Huppert

Tracy and Mark Jarvis

Barbara and Bill McLarty

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LeAnn and Jeff Neilsen

Trinity Bullard

by Trudy Bullard

Marian Brown

by Joslyn Spain

Wana Fisher

Betty Jo Harman

by Ann Trotter

David Storz

by Genna and Andy Tucker

Edna Sward

By William Sward

OUR MISSION

Mothers' Milk Bank of North Texas strives to improve the health and survival of critically ill infants through the safe provision of pasteurized donor human milk.



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It will help us get the word out!



Volunteer - We can always use help!



MAKE A MONETARY DONATION, FUNDS ARE ALWAYS NEEDED!
SEE ENCLOSED GIVING ENVELOPE.



Have extra breastmilk your baby doesn't need?
Become a donor! Call 817-810-0071



HOW YOU CAN HELP FRAGILE BABIES