



mothers' milk bank
of north texas
— EST. 2004 —

2023

BY THE NUMBERS:

ABOUT US

We strive to improve the health and survival of infants through breastfeeding advocacy and the safe, equitable provision of pasteurized donor human milk.



Mothers' Milk Bank of North Texas: nonprofit organization and proud member of HMBANA.

To learn more about the milk bank and donor screening process, **see reverse side.**



829,082

ounces dispensed in 2023.



83

hospital accounts served in 2023.



1,234

donor moms approved in 2023.



\$389,764

of charitable care distributed in 2023.



50

milk collection sites/depots.



154

hours of **FREE** lactation support provided through Baby Café.

IN THE LAB:

More than **8,000,000** ounces of donor milk dispensed to fragile babies since opening in 2004.





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Safely connecting generous mothers to fragile babies.

MILK BANKING 101



SAFE MILK SAVES LIVES

- Mothers donate extra breastmilk their own babies don't need.
- Fragile infants receive donor milk by prescription.
- Immunological properties prevent complications and enhance survivability.
- Based on availability, some donor milk serves healthy newborns to support breastfeeding.



MOTHERS COMPLETE A 3-STEP SCREENING BEFORE DONATING

1. Short health screening: translation services available
2. Medical history questionnaire
3. Free, non-fasting blood test



MILK IS PROCESSED FOR SAFETY

- Every bottle of donor milk is pasteurized in our specialized laboratory.
- Safeguards include quality assurance checks and third-party testing.
- Donor milk is frozen and transported on dry ice by courier or overnight shipping.



COMMUNITY SUPPORT IS FREE

- The Baby Café program helps families with breastfeeding challenges.
- Enrichment classes include a wide variety of parenting education topics and activities.



Learn more at www.texasmilkbank.org