



babycafé

FREE

BREASTFEEDING SUPPORT

APOYO a la LACTANCIA GRATUITO

Always check for schedule changes via the QR code:



Breastfeeding support isn't just for problem-solving.

You can learn about breastfeeding throughout your baby's ages and stages by attending Baby Café regularly.



Talk to a certified lactation consultant : Meet other breastfeeding families

IN-PERSON

Mothers' Milk Bank of North Texas: Tuesdays from 10 a.m. to 12 p.m.

BABY CAFÉ EN ESPAÑOL:

Baby Café es organizado por una consultora de lactancia bilingüe el 2do y 4to martes en Fort Worth.
*La traducción al español siempre está disponible en nuestras sesiones de martes Baby Café

Habla con una consultora de lactancia certificada : Conoce a otras familias con bebés que amamantan

VIRTUAL

Email maggie@texasmilkbank.org for secure link to join. 2nd and 4th Thursday from 6 p.m. to 8 p.m.

Hosted by:



mothers' milk bank
of north texas
EST. 2004

Community Partners:



abide
women's health services



dallas
lactation
consultant
association



dallas
area
breastfeeding
alliance

Questions/Preguntas: contact maggie@texasmilkbank.org or 817-810-0071 : www.texasmilkbank.org