NOT A BREASTFEEDING MOTHER? WE STILL NEED YOU ON OUR TEAM.
FROM THE PRESIDENT OF THE BOARD OF DIRECTORS

Our big news from 2019 is the milk bank’s relocation to a brand new 13,090 square-foot facility. We now have room to breathe, improve and grow. All the “bells & whistles” have enhanced our services, capacity, efficiency and most importantly, the dispensation of safe donor milk to the babies who need it most.

So, what is our pressing challenge for this year? The simple answer comes down to the economic model of supply and demand. Like blood banks, our success is dependent upon an adequate reserve of a priceless, life-saving resource. Our resource, in the form of liquid gold, is donated by mothers who have excess breastmilk... and only for a limited time.

Until significant headway is made preventing preterm birth, the need for safe donor milk will only continue to increase. More physicians and hospitals are using donor milk over formula when a mother’s own milk isn’t available. More babies are protected from devastating infections. Simply put, more babies are surviving and thriving.

So, how can you contribute to filling up our freezers? Help us spread the word. Become our community partner and promote awareness. Tell your friends about us and share our social media posts. Your advocacy is powerful and exponential.

You could be the connection to a mother who has a freezer full of unused breastmilk and doesn’t want to throw it away. Her milk could help another mother who can’t breastfeed because her baby was born too soon. It’s all about community and we can make an impactful difference together.

Gratefully,
Ashley Robbins
President, Board of Directors

THE BANK STATEMENT, REPORT TO OUR COMMUNITY

HERE’S HOW YOU CAN HELP:
JOIN OUR TEAM & HELP BABIES TODAY

Call us to donate your extra breastmilk:
817-810-0071

Like us and share our posts on Facebook:
mothersmilkbank

Make a gift to support our programs:
texasmilkbank.org/donate

Follow us on Instagram:
@texasmilkbank

Volunteer to make a hands-on impact:
april@texasmilkbank.org

Learn more about milk banking on our website:
www.texasmilkbank.org

New milk processing laboratory

NOT A BREASTFEEDING MOTHER? WE STILL NEED YOU ON OUR TEAM.
OUR YEAR IN PICTURES

INDIVIDUAL GIFTS

*In Kind*

Amy Aaron
Kathy Adcock-Smith
Kaitlin & Tim Aguilar
Suzanne Akhtar
Anonymous
Rosie Balbo
Nancy Barton
Sharon Barton
David & Elizabeth Bell
Kenneth Bird
Whitnee Bothn
Rebekah Boyer
Laura Burnett
Carrie Cappell
Michelle Carballo
Lori Carlow
Sarah Carrather
Anastasia Cavanaugh
Alice Christy
Whitney Condrey
Sharon Cooper
Alondra Coss
Paige Cronin
Deanna Crowley
Meredith Daigneport
Dara Dallas, MD
Ava Danner
Madelyn Dean
Michelle Dill
Carolyn Dobson
Sarah Dudley
Joel & Erika Eckhardt
Christian & Coral Estrada
Sarah & Brian Estrada
Julie Etter
Jeanette & Brian Frank
Natalie Franks
Erika Friiendenberg
Labesh Ganatra
Cynthia Giley
Barbara Greer
Rebecca Grochowski
Bill Hallgren
Deanna Harnick
Erin Hamilton Spence, MD
Kelly Hanes
Shannon Hargrove
Vicki Hiltburn
Gina Hill
Maianh Hoang
Anna Hrachovec
Anna Ittkihar
Carrie Ives
Jennifer Johnson
Laurie Jones
Dakeya Jordan
Prameela Karimi, MD
Linda Kiraly
Akila Kumasaramy
Jake Kuyekendall
Emily Latiolais
Sterling & Larry Lauer
Becky Law
Lura Leach
Leslie Leach
David Leonard
Shannon Long-Taylor
Karen Lugay
Fran Lynch, MD
Kathleen & Steve Maglisceau
Edna Manning
Courtney Margotta
Heather Martin
Laura Maxwell
Amanda Mccrano
Brian Meadows
Mary Miller
Laura Mitchell
Chystal Montgomery
Melissa Moran
Dana Mordecai
Joan Morris
Margaret Morris
Sandy Newton
Phuong Nguyen
Wendy Oestriecher
Melissa O’Neill
Kathy & Joel Parker
Kristen Parker
Katie Price
Linda Pugh
Jyoti Rawat
Mary Ashley Ray
Julianne Reed
Elise & Ross Richardson
Ashley Robbins
Pam Robbins
Ashley & Marshall Robinson
Sarah Romack
Alfred Saenz
Erica & Daniel Salzman
Megan Sanders
Julie Seale
Steven Shelley
Christy Short
Richard Sidebottom, MD
Chinda Simpson
Sarah Smith
Cristina Squiers
Amy Stanbury
Melvin & Brenda Starks
Christi Stinson
Eun Summers
Christal Suson
Samantha Sward-Comunelli, MD
Cynthia Taaffe
Shannon Taylor
Kim Terrell
Shannon Thompson
Vicky Trotter*
Genna Tucker
Samantha Valadez
Amy Vickers
Andrea Wadley
Kimberly Wagner
Lindsay Waldrop
Rachel Walker-Hall
Georgina Webb
Sarah Wetzel
Anna Williams
Shanequa Williams
Amend Wood
Sarah Zamzow
Sally Zukoski

New building Grand Opening Celebration

New donor appreciation day at Fort Worth Zoo

Infant sleep class in the new community room

15th Anniversary Luncheon
THANK YOU TO OUR 2019 SUPPORTERS

BOARD OF DIRECTORS

Founding Executive Director: Amy Vickers, MSN, RN, IBCLC
President: Ashley Robbins
Vice President & Treasurer: Rosie Balbo
Secretary & Founder: Susan Sward-Comunelli, MD

Foundations, Organization & Corporate Gifts

*In Kind*
- Albertsons Safeway
- Altar’d State University Park Village
- Amazon Smile Foundation
- America’s Charities
- Anova Benefits Management, Inc.
- Baylor Scott & White All Saints Medical Center
- BBVA Compass Charitable Giving
- BeautyKind Foundation
- Beehive*
- The Benefit Community Impact Fund
- Billy Bob’s Texas*
- Comunelli Family Fund
- Cook Children’s Medical Center
- DLCA/DABA
- Donate Well
- Dry Bar*
- Dubose Family Foundation
- Dyno-Rock Indoor Climbing*
- The Fash Foundation
- Fort Worth Zoo
- The Frill Foundation
- Give With Liberty
- Gus’s Fried Chicken*
- Higginbotham Community Fund
- Innerlight Chiropractic Care*
- JC Penney
- JPS Foundation
- Junior League of Fort Worth
- Ken W. Davis Foundation
- Kendra Scott Fort Worth*
- Kroger Community Rewards
- Lone Star Park*
- Medela, Inc.
- Mednax Pediatric Medical Group, Fort Worth Neonatology
- Methodist Health System
- NPH2O*
- Network for Good
- Newborn Nightingales
- North Texas Community Foundation
- Schwarz Hanson Architects
- Shaw’s Patio Bar & Grill*
- The Amy E. Shewburt Foundation
- Nancy & John Snyder Fund
- Social Running
- Stir Crazy Baked Goods*
- Target*
- Texas Health Harris Methodist Hospital
- Texas Health Huguley Hospital
- Texas Instruments Foundation
- Texas Leather Trim, Inc.
- Trader Joe’s*
- United Way of Tarrant County
- Vantage Bank Texas
- Wildcat Toffee*
- Your Cause
- Yucatan Taco Stand*

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- Beehive*
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EXPANDING OUR MISSION
FREE BREASTFEEDING SUPPORT AND ENRICHMENT CLASSES

Through strategic planning a year ago, the board of directors enhanced MMBNT’s mission statement to include “equity” and “breastfeeding advocacy”. These updates emphasize the milk bank’s continued commitment to impartiality and its new capacity to support breastfeeding families.

With new spaces to accommodate community programs, MMBNT implemented an onsite, licensed breastfeeding education program called Baby Café. Baby Café provides free drop-in breastfeeding support in a professional but non-clinical, relaxed café-style environment. The model is designed to offer reliable care to all women, and ultimately reduce health disparities and inequities in diverse populations.

Staff lactation consultant and Education & Enrichment Manager, Amanda Alvarez, MS, IBCLC, leads the program on alternating Tuesdays, between Fort Worth (MMBNT) and Dallas (Abide Women’s Health Services). All parents and family are welcome to drop by between 10 and noon for lactation help, infant weight checks and refreshments. The Tarrant County Breastfeeding Coalition, Dallas Area Breastfeeding Alliance (DABA) and Dallas Lactation Consultant Association (DLCA) contribute as valuable program partners.

In addition to the Baby Café program, MMBNT is offering free enrichment classes that have included Mom & Baby Fitness, Yogi Tots, an infant sleep class and infant massage in Spanish. For details, go to www.texasmilkbank.org and scroll down on the home page.

THE MISSION OF MOTHERS’ MILK BANK OF NORTH TEXAS IS TO IMPROVE THE HEALTH AND SURVIVAL OF INFANTS THROUGH BREASTFEEDING ADVOCACY AND THE SAFE, EQUITABLE PROVISION OF PASTEURIZED DONOR HUMAN MILK.

2019 BY THE NUMBERS

- **572,150** Ounces dispensed to babies in need
- **48** Milk drop off locations/depots
- **752** Approved milk donors
- **43,306** Minivan miles picking up & delivering milk
- **81** Hospitals accounts served
- **74%** Of milk served NICU babies
- **26%** Served outpatient babies

HONORING CJ
A DONOR’S STORY

Tiffani became a milk donor after she lost one of her premature twins, CJ. She visited the milk bank last spring with her surviving twin, Carli, to place CJ’s memorial leaf on Carmen’s Tree. She shares her bittersweet journey below.

My donor story is unique. I was a NICU nurse for 10 years when I became pregnant with twins, a boy and a girl. When the specialist discovered my son, CJ, was no longer getting the nutrients he needed to grow, we knew the babies would be delivered early. On January 4, 2018, they were born prematurely at 27 weeks and our journey in the NICU began.

After 10 days in the hospital, CJ was called to be with the Lord. Nothing could have prepared my husband, Carlos, and I for losing him. Our surviving twin, Carli Rose, finally came home after 88 days in the NICU. Her happy, energetic spirit helped us immensely but the heartache for CJ was really only beginning.

Because my body was prepared to feed two babies, I had an oversupply of breastmilk. I decided to become a donor to honor CJ and give other preemies a chance at survival. I was ultimately able to donate almost 600 ounces.

Grief is like an ocean. The phases come in like waves. Some days are good and some days seem harder than before. I want other mothers who have suffered infant loss to know they are not alone. For me, the memories are what I have to hold on to. I am also comforted knowing my son’s name lives on through the breastmilk that gave hope to other families and life to other babies.