



MOTHERS' MILK BANK OF NORTH TEXAS
7617 BENBROOK PARKWAY
FORT WORTH, TX 76126

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mothers' milk bank
of north texas
EST. 2004
Safely connecting generous mothers to fragile babies.

THE BANK STATEMENT, REPORT TO OUR COMMUNITY

NOT A BREASTFEEDING MOTHER? WE STILL NEED YOU ON OUR TEAM. FROM THE PRESIDENT OF THE BOARD OF DIRECTORS



Ashley Robbins
President, Board of Directors

Our big news from 2019 is the milk bank's relocation to a brand new 13,090 square-foot facility. We now have room to breathe, improve and grow. All the "bells & whistles" have enhanced our services, capacity, efficiency and most importantly, the dispensation of safe donor milk to the babies who need it most.

So, what is our pressing challenge for this year? The simple answer comes down to the economic model of supply and demand. Like blood banks, our success is dependent upon an adequate reserve of a priceless, life-saving resource. Our resource, in the form of liquid gold, is donated by mothers who have excess breastmilk... and only for a limited time.

Until significant headway is made preventing preterm birth, the need for safe donor milk will only continue to increase. More physicians and hospitals are using donor milk over formula when a mother's own milk isn't available. More babies are protected from devastating infections. Simply put, more babies are surviving and thriving.

So, how can you contribute to filling up our freezers? Help us spread the word. Become our community partner and promote awareness. Tell your friends about us and share our social media posts. Your advocacy is powerful and exponential.

You could be the connection to a mother who has a freezer full of unused breastmilk and doesn't want to throw it away. Her milk could help another mother who can't breastfeed because her baby was born too soon. It's all about community and we can make an impactful difference together.

Gratefully,

Ashley Robbins
President, Board of Directors



HERE'S HOW YOU CAN HELP: JOIN OUR TEAM & HELP BABIES TODAY



Call us to donate your extra breastmilk:
817-810-0071



Make a gift to support our programs:
texasmilkbank.org/donate



Volunteer to make a hands-on impact:
april@texasmilkbank.org



Like us and share our posts on Facebook:
[mothersmilkbank](https://www.facebook.com/mothersmilkbank)



Follow us on Instagram:
[@texasmilkbank](https://www.instagram.com/texasmilkbank)



Learn more about milk banking on our website:
www.texasmilkbank.org



OUR YEAR IN PICTURES



15th Anniversary Luncheon



Infant sleep class in the new community room



New donor appreciation day at Fort Worth Zoo



New building Grand Opening Celebration



INDIVIDUAL GIFTS

**In Kind*

Amy Aaron
 Kathy Adcock-Smith
 Kaitlin & Tim Aguilar
 Suzanne Akhtar
 Patricia Alridge
 Rebecca Anderson
 Anonymous
 Rosie Balbo
 Nancy Barton
 Sharon Barton
 David & Elizabeth Bell
 Kenneth Bird
 Whitnee Borhn
 Rebekah Boyer
 Laura Burnett
 Carrie Cappel
 Michelle Caraballo
 Lori Carlough
 Sarah Carraher
 Anastasia Cavanaugh
 Alice Christy
 Whitney Condrey
 Sharon Cooper
 Alondra Criss
 Paige Cronin
 Deanna Crowley
 Meredith Daigrepoint
 Dara Dallas, MD
 Ava Danner
 Madelyn Dean
 Michelle Dill
 Carolyn Dobson
 Sarah Dudley
 Joel & Erika Eckhardt
 Christian & Coral Estrada
 Salvadora Estrada
 Julie Etter
 Jeanette & Brian Frank
 Natalie Franks
 Erika Friundenberg
 Labhesh Ganatra
 Cynthia Gilley
 Barbara Greer
 Rebecca Grochowski
 Bill Hallgren
 Deanna Hamickh
 Erin Hamilton Spence, MD
 Kelly Hanes
 Shannon Hargrove

Vicki Hilburn
 Gina Hill
 Maianh Hoang
 Anna Hrachovec
 Amna Iftikhar
 Carrie Ives
 Jennifer Johnson
 Laurie Jones
 Dakeya Jordan
 Prameela Karimi, MD
 Linda Kiraly
 Akila Kumarasamy
 Jake Kuykendall
 Emily Latiolais
 Sterling & Larry Lauer
 Becky Law
 Lera Leach
 Leslie Leach
 David Leonard
 Shannon Long-Taylor
 Karen Lugay
 Fran Lynch, MD
 Kathleen & Steve Maglisceau
 Edna Manning
 Courtney Margotta
 Heather Martin
 Laura Maxfield
 Amanda McCranor
 Brian Meadors
 Mary Miller
 Laura Mitchell
 Christal Montgomery
 Melissa Moran
 Dana Mordecai
 Joan Morris
 Margaret Morris
 Sandy Newton
 Phuong Nguyen
 Wendy Oestriecher
 Melissa O'Neill
 Kathy & Joel Parker
 Kristen Parker
 Katie Price
 Linda Pugh
 Jyoti Rawat
 Mary Ashley Ray
 Julianne Reed
 Elise & Ross Richardson
 Ashley Robbins

Pam Robbins
 Ashley & Marshall Robinson
 Sarah Romack
 Alfred Saenz
 Erica & Daniel Salzman
 Megan Sanders
 Julie Seale
 Steven Shelley
 Christy Short
 Richard Sidebottom, MD
 Chanda Simpson
 Sarah Smith
 Cristina Squiers
 Amy Stanbury
 Melvin & Brenda Starks
 Christi Stinson
 Eun Sumners
 Christal Suson
 Susan Sward-Comunelli, MD
 Cynthia Taaffe
 Shannon Taylor
 Kim Terrell
 Shannon Thompson
 Vicky Trotter*
 Genna Tucker
 Gina Tupper
 Samantha Valadez
 Amy Vickers
 Andrea Wadley
 Kimberly Wagner
 Lindsay Waldrop
 Rachelle Walker-Hall
 Georgina Webb
 Sarah Wetzler
 Anna Williams
 Shanequa Williams
 Amanda Wood
 Sarah Zamzow
 Sally Zukoski



THANK YOU TO OUR 2019 SUPPORTERS

BOARD OF DIRECTORS

Founding Executive Director:
Amy Vickers, MSN, RN, IBCLC

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Ashley Robbins

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Rosie Balbo

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Sally Zukoski, RN, IBCLC

FOUNDATION, ORGANIZATION & CORPORATE GIFTS

**In Kind*

Albertsons Safeway
Altar'd State University Park Village
Amazon Smile Foundation
America's Charities
Anova Benefits Management, Inc.
Baylor Scott & White All Saints Medical Center
BBVA Compass Charitable Giving
BeautyKind Foundation
Beehive*
The Benefit Community Impact Fund
Billy Bob's Texas*
Comunelli Family Fund
Cook Children's Medical Center
DLCA/DABA
Donate Well
Dry Bar*
Dubose Family Foundation
Dyno-Rock Indoor Climbing*
The Fash Foundation
Fort Worth Zoo
The Frill Foundation
Give With Liberty
Gus's Fried Chicken*
Higginbotham Community Fund
Innerlight Chiropractic Care*
JC Penney
JPS Foundation
Junior League of Fort Worth
Ken W. Davis Foundation
Kendra Scott Fort Worth*
Kroger Community Rewards
Lone Star Park*
Medela, Inc.
Mednax Pediatrix Medical Group,
Fort Worth Neonatology
Methodist Health System

NRH2O*
Network for Good
Newborn Nightingales
North Texas Community Foundation
Schwarz Hanson Architects
Shaw's Patio Bar & Grill*
The Amy E. Shewbart Foundation
Nancy & John Snyder Fund
Social Running
Stir Crazy Baked Goods*
Target*
Texas Health Harris Methodist Hospital
Texas Health Huguley Hospital
Texas Instruments Foundation
Texas Leather Trim, Inc.
Trader Joes*
United Way of Tarrant County
Vantage Bank Texas
Wildtoad Toffee*
Your Cause
Yucatan Taco Stand*



Mom & Baby Yoga class in the new community room



Pinwheel garden in remembrance of little lives lost



Christine and Everleigh bringing in a cooler full of donor milk



Elf on the Shelf checking a baby's weight



Donor, Jennifer with Michael (8), Camille (7 months) and Elenie (11) dropping off milk



Courtney and Lindsey with their Mimosa Run medals in May



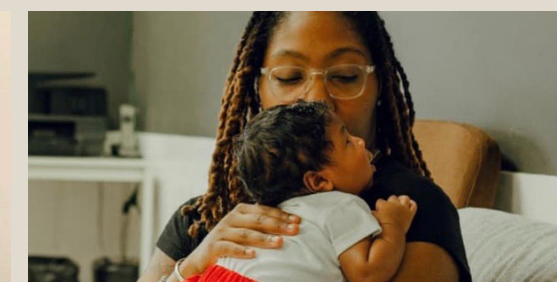
Team MMBNT in Chicago at HMBANA's Milk Matters Symposium in April



The new Carmen's Tree memorial featuring original leaves



Founder, Susan Sward-Comunelli, MD



Baby Café in Dallas



Family Expo & Big Latch On

EXPANDING OUR MISSION

FREE BREASTFEEDING SUPPORT AND ENRICHMENT CLASSES

Through strategic planning a year ago, the board of directors enhanced MMBNT's mission statement to include "equity" and "breastfeeding advocacy". These updates emphasize the milk bank's continued commitment to impartiality and its new capacity to support breastfeeding families.

babycafé

With new spaces to accommodate community programs, MMBNT implemented an onsite, licensed breastfeeding education program called Baby Café. Baby Café provides free drop-in breastfeeding support in a professional

but non-clinical, relaxed café-style environment. The model is designed to offer reliable care to all women, and ultimately reduce health disparities and inequities in diverse populations.

Staff lactation consultant and Education & Enrichment Manager, Amanda Alvarez, MS, IBCLC, leads the program on alternating Tuesdays, between Fort Worth (MMBNT) and Dallas (Abide Women's Health Services). All parents and family are welcome to drop by between 10 and noon for lactation help, infant weight checks and refreshments. The Tarrant County Breastfeeding Coalition, Dallas Area Breastfeeding Alliance (DABA) and Dallas Lactation Consultant Association (DLCA) contribute as valuable program partners.

In addition to the Baby Café program, MMBNT is offering free enrichment classes that have included Mom & Baby Fitness, Yogi Tots, an infant sleep class and infant massage in Spanish. For details, go to www.texasmilkbank.org and scroll down on the home page.



HONORING CJ A DONOR'S STORY

Tiffani became a milk donor after she lost one of her premature twins, CJ. She visited the milk bank last spring with her surviving twin, Carli, to place CJ's memorial leaf on Carmen's Tree. She shares her bittersweet journey below.

My donor story is unique. I was a NICU nurse for 10 years when I became pregnant with twins, a boy and a girl. When the specialist discovered my son, CJ, was no longer getting the nutrients he needed to grow, we knew the babies would be delivered early. On January 4, 2018, they were born prematurely at 27 weeks and our journey in the NICU began.

After 10 days in the hospital, CJ was called to be with the Lord. Nothing could have prepared my husband, Carlos, and I for losing him. Our surviving twin, Carli Rose, finally came home after 88 days in the NICU. Her happy, energetic spirit helped us immensely but the heartache for CJ was really only beginning.

Because my body was prepared to feed two babies, I had an oversupply of breastmilk.

I decided to become a donor to honor CJ and give other preemies a chance at survival. I was ultimately able to donate almost 600 ounces.

Grief is like an ocean. The phases come in like waves. Some days are good and some days seem harder than before. I want other mothers who have suffered infant loss to know they are not alone. For me, the memories are what I have to hold on to. I am also comforted knowing my son's name lives on through the breastmilk that gave hope to other families and life to other babies.

Carli, Tiffani and Carlos



CJ's Leaf

CJ
January 4, 2018

Carli,
2 yrs old



THE MISSION OF MOTHERS' MILK BANK OF NORTH TEXAS IS TO IMPROVE THE HEALTH AND SURVIVAL OF INFANTS THROUGH BREASTFEEDING ADVOCACY AND THE SAFE, EQUITABLE PROVISION OF PASTEURIZED DONOR HUMAN MILK.

2019 BY THE NUMBERS



572,150
OUNCES DISPENSED
TO BABIES IN NEED



48
MILK DROP OFF
LOCATIONS/DEPOTS



752
APPROVED MILK DONORS



81
HOSPITALS ACCOUNTS SERVED



43,306
MINIVAN MILES PICKING
UP & DELIVERING MILK



74% OF MILK SERVED
NICU BABIES
26% SERVED OUTPATIENT
BABIES