

MILK BANKING 101





MOTHERS COMPLETE A 3-STEP SCREENING BEFORE DONATING

- 1. Short phone interview in English or Spanish
- 2. Medical history questionnaire
- 3. Quick, free, no-fasting blood test screens for HIV, HTLV, Hepatitis, and Syphilis



MILK IS PROCESSED FOR SAFETY

- Every bottle is pasteurized in a specialized laboratory.
- Safeguards include quality assurance checks and third-party testing.
- Milk is frozen on dry ice and transported by courier or overnight shipping.



SAFE MILK SAVES LIVES

- Mothers donate their extra breastmilk instead of throwing it away.
- Fragile infants receive donor milk by prescription.
- Immunological properties prevent complications and enhanced survivability.
- Based on availability, some donor milk can serve healthy newborns.



COMMUNITY SUPPORT IS FREE

- The Baby Café program helps families with breastfeeding challenges.
- Enrichment classes include a wide variety of parenting education topics.



www.texasmilkbank.org



A YEAR IN NUMBERS: 2021





Mothers' Milk Bank of North Texas strives to improve the health and survival of infants through breastfeeding advocacy and the safe, equitable provision of pasteurized donor human milk.

To learn more about the milk bank and donor screening process, see reverse side.



765,672

In 2021, a **record-breaking** number of ounces dispensed, a 34% increase from 2020.



72

hospital accounts served in 2021.



1,161

In 2021, a **record-breaking** number of donor moms, a 28% increase from 2020.



47

milk drop off locations/depots.



\$691,720

In 2021, a **record-breaking** amount of charitable care, a 30% increase from 2020.



61,521

miles traveled picking up and delivering milk.

More than **6 milli01** ounces of donor milk dispensed to fragile babies since 2004.



