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#### **OUR MISSION & IMPACT**

Mothers' Milk Bank of North Texas, a nonprofit founded in 2004, strives to improve the health and survival of infants through breastfeeding advocacy and the safe, equitable provision of pasteurized donor human milk.

Thanks to more than **7,500 generous donors**, more than **4.5 million ounces** of donated breastmilk have been dispensed to the babies who need it most.

Free breastfeeding consults, provided by a staff lactation consultant, are available in the Fort Worth facility, in Dallas and in future partner locations. A variety of free parent and baby enrichment classes are provided in the milk bank's community room.

### 2019 BY THE NUMBERS



572,150

OUNCES DISPENSED TO BABIES IN NEED



752

APPROVED MILK DONORS



81

HOSPITAL ACCOUNTS SERVED



48

DEPOTS/MILK DROP OFF LOCATIONS

# SAFE MILK SAVES LIVES

- Gentle pasteurization destroys pathogens while protecting immunological properties that can prevent complications such as necrotizing enterocolitis (NEC) and enhance survivability.
- Before dispensation, each batch undergoes quality assurance checks and is tested by a third-party laboratory.
- Bottles, specially designed for donor milk, are labeled with a barcode and sealed with a tamper-resistant lid.
- One ounce can provide 3 feedings for a premature infant.
- Donor milk is transported to recipients frozen on dry ice by courier or overnight shipping.

## MILK DONORS ARE HEROES

Our mission would not be possible without generous mothers who donate the extra breastmilk their own babies don't need.

Donors are screened in English or Spanish through 3 easy steps:

- Short phone interview
- Medical history questionnaire
- Blood test: quick, free, no fasting screens for HIV, HTLV, Hepatitis and Syphilis

Donors deliver frozen milk to the milk bank or to one of more than 45 depot collection sites conveniently located in their community.

## FRAGILE BABIES ARE THRIVING

- We provide fragile infants with donor human milk by prescription when their own mother's milk is not available.
- Based on availability, some donor milk can serve healthy newborns, bridging the gap between hospital discharge and a successful breastfeeding routine.
- Outpatients with a medical necessity are never turned away for financial reasons. On average, MMBNT provides more than \$400,000 in charitable care annually.



Proud Member of HMBANA



