

A YEAR IN VIEW: 2022



mothers' milk bank
of north texas
— EST. 2004 —



More than **7,000,000** ounces of donor milk
dispensed to fragile babies since 2004.

ABOUT US

Mothers' Milk Bank of North Texas strives to improve the health and survival of infants through breastfeeding advocacy and the safe, equitable provision of pasteurized donor human milk.

To learn more about the milk bank and donor screening process, see reverse side.



Mothers' Milk Bank of North Texas:
nonprofit organization and proud
member of HMBANA.



854,442

In 2022, a **record-breaking** number of ounces dispensed, a 12% increase from 2021.



84

hospital accounts served in 2022.



1,394

In 2022, a **record-breaking** number of donor moms, a 20% increase from 2021.



\$522,542

of charitable care distributed in 2022.



50

milk collection sites/depots.



70,000+

miles traveled picking up and delivering milk.





mothers' milk bank
of north texas

EST. 2004

Safely connecting generous mothers to fragile babies.

MILK BANKING 101



SAFE MILK SAVES LIVES

- Mothers donate their extra breastmilk instead of throwing it away.
- Fragile infants receive donor milk by prescription.
- Immunological properties prevent complications and enhanced survivability.
- Based on availability, some donor milk can serve healthy newborns.



MOTHERS COMPLETE A 3-STEP SCREENING BEFORE DONATING

1. Short health screening: translation services available
2. Medical history questionnaire
3. Free, non-fasting blood test



MILK IS PROCESSED FOR SAFETY

- Every bottle of donor milk is pasteurized in a specialized laboratory.
- Safeguards include quality assurance checks and third-party testing.
- Donor milk is frozen and transported on dry ice by courier or overnight shipping.

Learn more at www.texasmilkbank.org

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mothersmilkbank



COMMUNITY SUPPORT IS FREE

- The Baby Café program helps families with breastfeeding challenges.
- Enrichment classes include a wide variety of parenting education topics.

